

JANUARY 2019 St. Mary's/Trinity Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
New Year's Day

2
Sausage Biscuit
Parfaits
Poptarts
Smoothie
Cereal w/ Grh Ckrs
Pears/Peaches
Milk Juice

3
Cinnamon Roll
Parfaits
Poptarts
Smoothie
Cereal w/ Grh Ckrs
Applesauce or Pineapple
Milk/Juice

4
Egg & Cheese Biscuit
Parfaits
Poptarts
Smoothie
Cereal w/ Grh Ckrs
Mandarin Oranges or
Applesauce
Milk/Juice

7
French Toast
Parfaits
Poptarts
Smoothie
Cereal w/ Grh Cks
Peaches or Pears
Milk/Juice

8
Sausage Biscuit
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Pineapple or Peaches
Milk/Juice

9
Breakfast Pizza
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Applesauce or Mandarin
Oranges
Milk/Juice

10
Egg & Cheese Biscuit
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Mandarin Oranges or
Pineapple
Milk/Juice

11
Sausage, Egg & Cheese
Tornado
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Pineapple or Applesauce
Milk/Juice

14
French Toast
Parfaits
Poptarts
Smoothie
Cereal w/ Grh Ckrs
Peaches or Pineapple
Milk/Juice

15
Glazed Donut Ring
Parfaits
Poptarts
Smoothie
Cereal w/ Grh Ckrs
Mandarin Oranges or
Peaches
Milk/Juice

16
Egg and Cheese Biscuit
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Mandarin Oranges or
Applesauce
Milk/Juice

17
Sausage Biscuit
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Applesauce or Pears
Milk/Juice

18
Chicken Biscuit
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Pears or Pineapple
Milk/Juice

21
No School

22
Egg & Cheese Biscuit
Parfaits
Poptarts
Smoothie
Cereal w/ Grh Ckrs
Mandarin Oranges or
Applesauce
Milk/Juice

23
Cinnamon Roll
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Applesauce or
Pineapple
Milk/Juice

24
Sausage Pancake on a
Stick
Parfaits
Smoothie
Poptarts
Cereal w/ Grh Ckrs
Peaches or Apple
Milk/Juice

25
Sausage Biscuit
Parfaits
Smoothie
Poptarts
Cereal w/ Grh Ckrs
Pears/Peaches
Milk Juice

28
French Toast
Parfaits
Poptarts
Smoothie
Cereal w/ Grh Ckrs
Peaches or Pears
Milk/Juice

29
Sausage Biscuit
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Pineapple or Peaches
Milk/Juice

30
Breakfast Pizza
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Applesauce or Mandarin
Oranges
Milk/Juice

31
Egg & Cheese Biscuit
Parfaits
Poptarts
Smoothie
Cereal w/ Grah Ckrs
Mandarin Oranges or
Pineapple
Milk/Juice

DID YOU KNOW...
January's gem is
garnet which
represents
constancy.

A La Carte

Snacks - .50c - \$2.00

Students with a Negative Lunch Account Balance CAN NOT Charge A la Carte items.

Menu – Subject to change due to weather or availability.

Breakfast Prices \$\$
Reg. \$1.75 Reduced \$.30c
Staff and Guest \$2.50

Lunch Prices \$\$
Reg. \$2.95 Reduced \$.40c
Staff and Guest \$3.50

Please have your lunch request in by 8:00 AM

School News

OFFERED DAILY ARE:
PB SAND., PB&J
UNCRUSTABLE SAND.,
GRILLED CHEESE SAND.
Pepperoni or Cheese Pizza

Negative Lunch Account Balance Reports are sent home weekly or are notified by text. Please resolve as soon as possible. Any questions, please call cafeteria at 270-233-5594 or email

caf@stmarywoods.com

Thank you,

Cafeteria