

APRIL 2019

St. Mary's/Trinity Lunch

Monday

Spring **1**

8
BBQ Chicken Sand.
Or Plain Chicken Sand.
Smiley Fries, Baked
Beans, Romaine Salad,
Fresh Carrots, Pickle
Spears, Mandarin
Oranges, Fruit Slushy
Milk/Juice

15
Chicken Nuggets
Mashed Potatoes, Peas,
Fresh Carrots,
Applesauce, Mixed
Berries, Choc. or Vanilla
Pudding
Milk/Juice

22
Pizza Casserole or
Meatball Sub
Corn, Green Beans,
Fresh Carrots, Fruit
Slushy, Mandarin
Oranges
Milk/Juice

29
Cheeseburger,
Hamburger or
Crispitos
Baked Beans, Smiles,
Fresh Carrots, Pickles,
Applesauce, Mixed
Berries
Milk/Juice

Tuesday

Break **2**

9
Spaghetti w/Meat Sauce or
Chicken Alfredo,
Breadstick, Green Beans,
Romaine Salad, Fresh
Carrots, Peaches &
Cream, Mandarin Oranges
Milk/Juice

16
Doritos Taco
Or Arroz Con Pollo
Fiesta Rice, Pinto
Beans, Romaine
Lettuce, Fresh Carrots,
Shredded Cheese,
Salsa, Pears, Apple
Milk/Juice

23
Popcorn Chicken or
Country Breaded Chicken
with White Gravy, WW
Roll, Mashed Potatoes,
Green Beans, Fresh
Carrots, Frz Straw.,
Pineapple

30
Chicken Nuggets or
Turkey and Gravy
Biscuit, Peas, Cooked
Carrots, Romaine Side
Salad, Pineapple,
Applesauce
Milk/Juice

Wednesday

Spring **3**

10
Chopped Steak w/ Brown
Gravy
Fish Fillet
Dinner Roll, Mashed Pot.,
Peas, Fresh Broccoli,
Carrots, Frz. Strawberries,
Pineapple, Choc. Chip
Cookie
Milk/Juice

17
Grilled Cheese or Hot
Dog
Chili, Smiles, Fresh
Carrots, Cucumbers,
Frozen Peaches,
Pineapple
Milk/Juice

24
Turkey Cheese Sub or
Hot Ham & Cheese
Smiles, Baked Beans,
Romaine Salad, Fresh
Carrots, Pineapple,
Peaches
Choc. or Van. Pudding
Milk/Juice

DID YOU KNOW...

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.

Thursday

Break **4**

11
Brunch
Sausage, Egg Patty &
Biscuit, Gravy, Tots,
Fresh Carrots, Tomato,
Pineapple or Baked
Apples
Milk/Juice

18
Chicken Parmesan
w/Breadstick or
Cheese Pizza, Corn,
Romaine Salad, Fresh
Carrots, Cucumbers,
Pineapple, Apple
Milk/Juice

25
General Tso Chicken &
Rice or Orange Chicken
& Brown Rice, Steamed
Broccoli, Fresh Carrots,
Cucumbers, Mandarin
Oranges, Frz Straw.,
Choc. Chip Cookie
Milk/Juice

Friday

!!! **5**

12
Cheese Pizza
Or Grilled Cheese
Corn, Romaine Lettuce,
Fresh Carrots,
Applesauce, Pears Choc.
or Vanilla Pudding
Milk/Juice

19
Fish Taco
Spanish Rice, Pinto
Beans, Romaine Lettuce,
Fresh Carrots, Shredded
Cheese, Salsa
Pears or Fresh Apple
Milk/Juice

26
Brunch
Scrambled Eggs,
Sausage & Biscuit
Gravy, Hashbrown, Fresh
Carrots, Cucumbers,
Baked Apples, Orange
Milk/Juice

A La Carte

Snacks - .50c - \$2.00

Students with a Negative Lunch Account Balance CAN NOT Charge A la Carte items.

Menu - Subject to change due to weather or availability.

Breakfast Prices \$\$
Reg. \$1.75 Reduced \$.30c
Staff and Guest \$2.50

Lunch Prices \$\$
Reg. \$2.95 Reduced \$.40c
Staff and Guest \$3.50

Please have your lunch request in by 8:00 AM

School News

OFFERED DAILY ARE:
PB SAND., PB&J
UNCRUSTABLE SAND.,
GRILLED CHEESE SAND.
Pepperoni or Cheese Pizza

Negative Lunch Account Balance Reports are sent home weekly or are notified by text. Please resolve as soon as possible. Any questions, please call cafeteria at 270-233-5594 or email

cafeteria@stmarywoods.com

Thank you,
Cafeteria